



### Upcoming *Imagine-21* Classes

A Better LA offers a 4-session class, *Imagine-21*, which teaches people how to manage change, set and achieve goals, lead more effectively, and think in ways that create success.

If colleagues, friends or family would like to enroll in our upcoming *Imagine-21* classes, please feel free to forward this email. All classes are free, thanks to the generosity of Diane & Lou Tice and The Pacific Institute.

If you'd like to enroll, please send an email to: [info@abetterla.com](mailto:info@abetterla.com) with the class name (e.g. "April"), the person's name, job title, organization, address, phone number and email.

For more information, please visit our website: [www.abetterla.com](http://www.abetterla.com)

#### **April**

Tues 4/15

Wed 4/16

## A Better LA Partners With Unity One

In March 2007, [A Better LA](#) initiated a partnership with [Unity One](#) and its founder, Bo Taylor, winner of The California Wellness Foundation's Peace Prize.

Taylor founded Unity One in 1992 after the civil uprising following the Rodney King verdict. Over the last 16 years, Unity One's extraordinary work includes reducing violence through historic ceasefire agreements, community-based outreach workers and youth-focused impact sessions.

Inner-city outreach workers are an essential first step to transforming neighborhoods from within. They are the only people who have street credibility to open the door to relationships with our highest-risk youth.

Currently, 29 outreach workers are deployed throughout South Los Angeles. They mentor young people and educate them about life skills, talk people down from fights or retaliation, provide safe passage so children can attend school and protect them from the horrors of violence.

These efforts are an integral part of LA's historic lows in crime rates.

Tues 4/22  
Wed 4/23

\*All classes from 8am-4pm,  
located at Expo Center, 3980 S.  
Menlo Avenue, LA, CA 90037.

#### **May – Class I**

Thurs 5/1 (6pm-9pm)  
Sat 5/3 (9am-5pm)  
Thurs 5/8 (6pm-9pm)  
Sat 5/10 (9am-5pm)

\*All classes are at Expo Center,  
3980 S. Menlo Avenue, LA, CA  
90037.

#### **May - Class II**

Tues 5/6  
Wed 5/7  
Tues 5/13  
Wed 5/14

\*All classes from 8am-4pm,  
located at Expo Center, 3980 S.  
Menlo Avenue, LA, CA 90037

#### **June**

Tues 6/10  
Wed 6/11  
Tues 6/17  
Wed 6/18

\*All classes from 8am-4pm,  
located at Expo Center, 3980 S.  
Menlo Avenue, LA, CA 90037.

#### **July**

Tues 7/8  
Wed 7/9  
Tues 7/15  
Wed 7/16

\*All classes from 8am-4pm,  
located at Expo Center, 3980 S.  
Menlo Avenue, LA, CA 90037.

A Better LA and Unity One also collaborate with the corporate sector to connect young adults with jobs, which truly transform their lives. Over the last five years, Unity One has placed over 150 people into full or part-time employment.

The mission of this partnership is to defeat violence and bring peace to the streets of LA. Unity One's front-line work complements A Better LA's unique resources, including expertise in evidence-based violence prevention programs.

In May 2008, A Better LA will launch a training institute to professionalize these dedicated heroes, who have never had any consistent funding or support.

This unprecedented and groundbreaking approach - reaching those hardest to reach with professionalized outreach workers - has set us down the path to transforming communities from within, and forever.

## **Summa Children's Foundation Honors Pete Carroll and A Better LA**

The [Summa Children's Foundation](#) is presenting "A Night of Inspiration" to honor Pete Carroll and A Better LA.

This special evening will take place on Wednesday, April 23, at the Beverly Hilton Hotel.

The Summa Children's Foundation (SCF) shares ABLA's vision and commitment to reducing violence and creating a common language of hope for Los Angeles.

SCF supports community efforts that assist the youth of Los Angeles and throughout Southern California and is particularly focused on health, social and educational issues.

"A Night of Inspiration" includes performances by

young people participating in the Debbie Allen Dance Academy.

Tickets are still available for purchase (\$500 each). Please contact The Summa Children's Foundation c/o Laura Lizer at 323.876.4040 for more information or to purchase tickets.

## Words from Lou Tice

Lou Tice, founder of [The Pacific Institute](#) and co-founder of A Better LA, generously contributed its *Imagine-21* curriculum to A Better LA, which we deliver each month at the EXPO Center in South Los Angeles.

Lou sends an electronic daily inspirational thought and we've included a recent posting to further engage you in the positive, transformational impact of *Imagine-21*.

"A Life Strategy"

Do you have a life strategy? A life strategy is not a plan, but more like a process. And, I will tell you what I mean and why it is important.

Now, a life strategy is not a life plan. A plan tells you what route to take to accomplish a specific goal, and plans are valuable. But, a life strategy offers a more flexible, large-scale umbrella under which your plans can take shape.

A strategy begins and ends with values - a prioritized listing of what is important to you. Things such as self-discovery, personal and spiritual growth, mental and physical well-being, meeting challenge and adversity in a calm and centered way, harmonious and living relationships, etc.

Once you know what you value, you can set goals to help you bring about end-results that are aligned with your values.

That is a strategy, and it is bigger than individual

goals, and every bit as important.

Without an overall strategy, you may climb the ladder of success; however, when you get to the top you may find that it is leaning against the wrong tree. You may find that the one with all of the fruit is just out of reach, if you haven't developed a good strategy to get there.

To receive Lou Tice's daily inspirational thoughts - "Winner's Circle" - please sign up under "Hot Links" at <http://www.pac-inst.com/>